

# RETIREMENT CAREER PLANNING

**ADOA Career Center**



# What Do You Want To Be When You Grow Up?

- These questions have defined roles for you since you were a child:
  - “What do you want to be when you grow up?”
  - “What are you going to do after school?”
  - “What is your major?”
  - “What do you do?”
  - “What are you going to do after you retire?”



# RETIREMENT



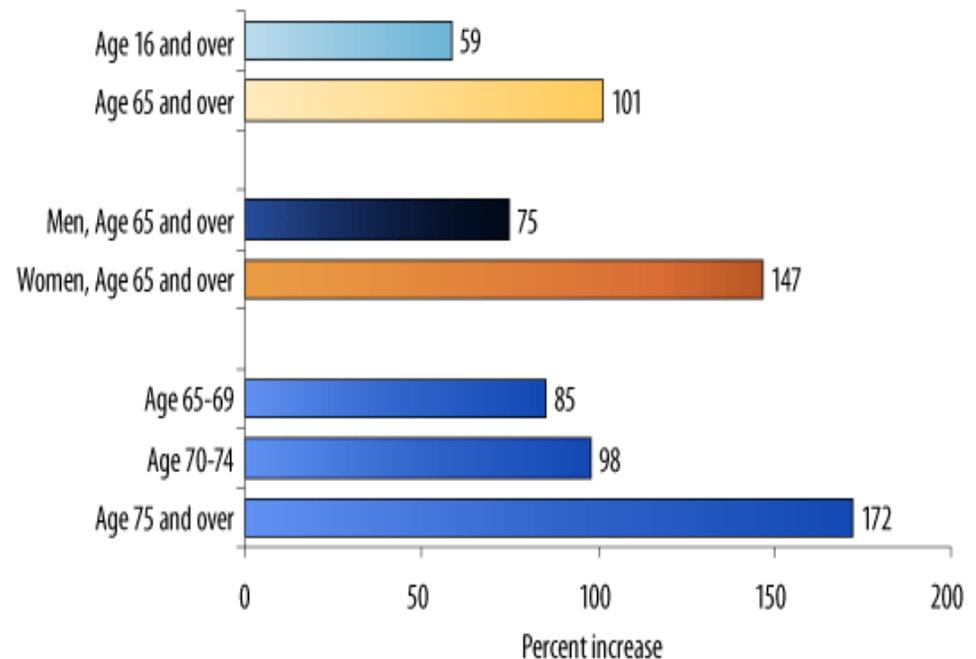
- **1 a:** an act of retiring : the state of being retired **b:** withdrawal from one's position or occupation or from active working life **c:** the age at which one normally retires <**reaches *retirement in May***> **2:** a place of seclusion or privacy

# Statistics



- 80% of baby boomers say they will work into retirement.  
*US BLS 2006*

Percent increase in employment by age and sex, 1977-2007

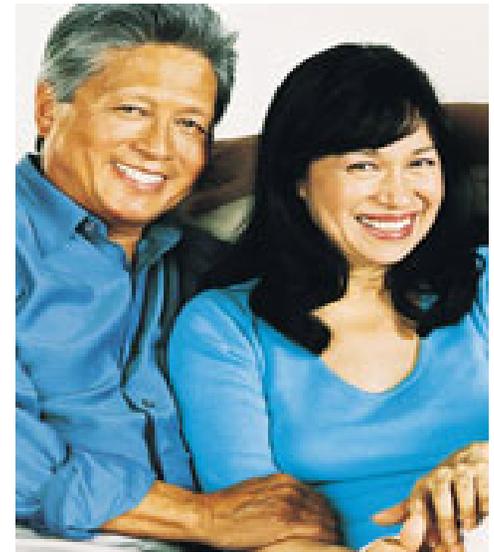


Source: U.S. Bureau of Labor Statistics

[www.bls.gov](http://www.bls.gov)

# Statistics

- *69% of people ages 45-67 expect never to completely retire. Of those :*
  - *34% want to work*
  - *19% need income*
  - *10% want to own a business*
  - *6% want to enter a new field*





# ***Career Planning is a Lifelong Process***

- Self Assessment
  - Values
  - Skills
  - Personality
  - Interests
  - Work/Life Balance
  - Identify gaps
- Set goals
  - SMART GOALS
  - Vision Boards
- Market research
  - Trends
  - Resources
- Implement





# Let's Think About....

- **Current Work Week**



- **Retirement Work Week**

- **+/- Gains/Losses**



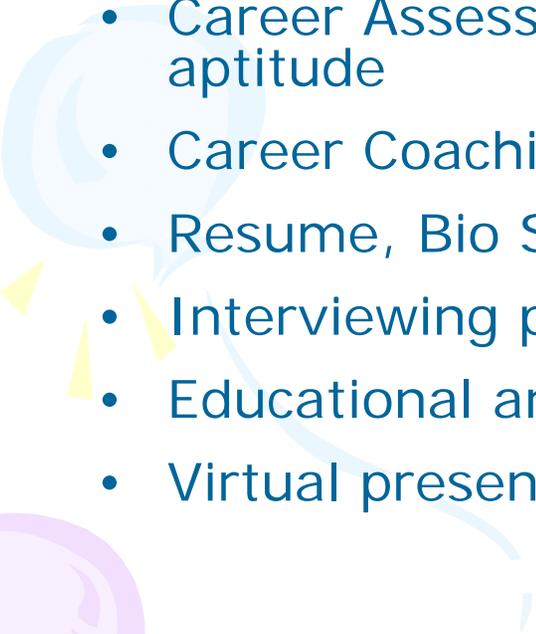
# NEWSTART

- N UTRITION
- E XERCISE
- W ATER
- S UNSHINE
- T EMPERANCE
- A IR
- R EST
- T RUST





# Career Center Services

- Career Workshops
  - Becoming an independent contractor
  - Volunteer Jobs/Board Positions
  - Career Assessments: interests, psychometric, skills, and aptitude
  - Career Coaching and Advisement
  - Resume, Bio Sketch and Cover Letter Assistance
  - Interviewing preparation, including mock interview
  - Educational and professional development advisement
  - Virtual presentations and workshops
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# Next Steps

- Schedule a one-one with us to discuss your current career goals as they relate to retirement!

- 602-542-2733

